

Separation and Divorce: What Now?

West Leederville



This one-night workshop offers a quick introduction to rebuilding yourself after a divorce or separation which takes much longer than one session. The crisis of separation of a primary love relationship means you often feel very alone.

One of the biggest discoveries with our one-night session is the opportunity to meet others going through a similar process.

We touch on topics including:

- Looking to the past to understand the future and understanding the relationship breakdown process to work out 'where to from here', which may be different for everyone.
- Emotional overwhelm – grieving after the crisis of divorce or relationship breakdown and difficult emotions.
- Moving on and focusing on skills for healing.

When: Tuesday 29 July 2025 or
Tuesday 23 September 2025

Time: 6.30pm – 9.00pm

Where: WEST LEEDERVILLE – Level 1, Southport St

Cost: \$30 per person / \$15 concession



For information about our courses and workshops please call 6164 0200 or visit www.relationshipswa.org.au

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