

Separation and Divorce: What Now?

West Leederville



This one-night workshop offers an introduction to rebuilding yourself after a divorce or separation. The crisis of separation of a primary love relationship means you often feel very alone. One of the biggest discoveries with our one-night session is the opportunity to meet others going through a similar process.

We touch on topics including:

- Understanding more of your role in the breakdown of a relationship
- The process of grieving after the crisis of relationship breakdown
- Discussing the emotional divorce process and why acknowledging our emotional response is important.
- What you need to be aware of for future relationships.

When: Thursday 16 November 2023

Time: 6.30pm to 9.00pm

Where: WEST LEEDERVILLE – Level 1, Southport St

Cost: \$30 per person



For information about our courses and workshops please call 6164 0200 or visit www.relationshipswa.org.au

Relationships Australia
WESTERN AUSTRALIA