

# Mums Raising Teenage Girls

## West Leederville



The passage from girl to young woman can be challenging, not only for her, but also for you as her mother. The aim of this interactive session is to help you stay connected with your teenage daughter while recognising the reality of her world.

We will discuss:

- The importance of the mother-daughter relationship
- How to be a positive role model for your daughter
- How to better understand the challenges of your daughter's teenage years
- What girls need and how we as mothers can meet these needs in a focused and supportive way

**When:** Thursday 19 October 2023

**Time:** 6.30pm to 9 pm

**Where:** WEST LEEDERVILLE - Level 1, 22 Southport St

**Cost:** \$30 per person

Online sessions are interactive and have minimum requirements



For information about our courses and workshops please call 6164 0200 or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

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