

Supporting Your Anxious Child

Are you concerned that your child seems overly worried or anxious? Do they often complain of stomach pains or of feeling sick? Do they often seem irritable or regularly having emotional outbursts? Then they may be experiencing anxiety. This workshop explores anxiety in an easy to understand format and equips you with strategies to support your anxious child.

When: Tuesday 15 March 2022
9.30am – 12noon

Where: Relationships Australia WA
Lotteries House
7 Anzac Place, Mandurah

Cost: \$30 per person (\$15 concession)

Places are limited - book early to avoid disappointment.

To book online, scan this code or visit www.relationshipswa.org.au.

Alternatively you can contact (08) 6164 0588 or email Mandurah.Education@relationshipswa.org.au to register today

