

# Communication In Relationships

In relationships, effective communication is the avenue through which people express their wants and needs, listen to others to understand and get along overall. Communication is always a two-way process – both sender and receiver need to be actively involved. This session, suitable for individuals or couples, covers the basic principles for communicating with those around you to gain clarity and achieve respectful relationships.

**When:** 4 April, 2022  
6.30pm to 9pm

**Where:** Relationships Australia WA  
Lotteries House  
7 Anzac Place, Mandurah

**Cost:** \$30 (\$15 Concession )

***Places are limited - book early to avoid disappointment.***

To book online scan this code or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

Alternatively you can contact (08) 6164 0588 or email [Mandurah.Education@relationshipswa.org.au](mailto:Mandurah.Education@relationshipswa.org.au) to register today!

