

# Bringing Up Great Kids

A loving, safe parent is the best relationship a child can have. This course is for parents and carers who want to understand their child's behaviour and through self-reflection, gain helpful insights into their own parenting. We will also help you identify the important messages you want to pass onto your child and how to do this.

This is an inter-active 5 week course which supports you to:

- Reflect on the origins of your parenting style and how it can be more effective
- Learn about your children's developing brain and understand how to meet their growing needs
- Examine the messages you pass on to your children through your behaviour and reactions
- Understand the underlying messages in children's behaviour and how to respond helpfully
- Overcome some of the obstacles getting in the way of being the kind of parent you would like to be

<b>Where:</b>	Online - Zoom
<b>When:</b>	Tuesday 2 9 16 23 30 March
<b>Time:</b>	6.30pm - 9pm AWST
<b>Cost:</b>	\$60 per person

Online sessions are interactive and have minimum requirements including:

- Computer/Laptop/Tablet with webcam and microphone
- Private space to attend
- Pre-registration and payment required prior to course

**Bookings are required. Please phone 6164 0200 to enrol.**

For more information about our courses and workshops, please click [here](#) or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)