

Parenting After Separation

- Do You...* Sometimes worry how separation impacts on your child/children?
Would you.. Like to learn more about how to minimise any impact?
If so ... This workshop may be of help.

If it is managed well by the adults, separation doesn't have to be harmful for children. Research shows that what children need after their parents separate is a secure base with parents they trust and feel comforted by. Parents who can make room for thinking about their children's needs, apart from their own needs, can help their children adapt best to family separation..

This session looks at

- Separation and the effects on you and your family
- Principles of two-home parenting
- Effects of ongoing conflict on children
- Managing parental conflict constructively
- Providing a secure emotional base for your children

When: Wednesday 22nd September 2021

Time: 6pm-8.30pm

Where : Bunbury Family Relationship Centre
Corner Molloy & Symmons Streets Bunbury
Access Symmons Street side of the building

Fee: \$30pp

Places are limited - contact (08) 6164 0566 or email
Bunbury.Education@relationshipsaustralia.org.au to register today!

*It would be
great to
see you!*

