

Communication in Relationships

Do You... Sometimes find it difficult to communicate in your relationship?
Would you... Like some ideas to help this improve?
If so ... This course is for you!

At Relationships Australia, we realise that communication is much more than imparting information or seeking answers. In relationships, effective communication is the avenue through which partners connect, thus enhancing intimacy.

Communication is always a two-way process – both sender and receiver need to be actively involved.

This workshop will discuss

- Components of communication – both verbal and non verbal
- Barriers and Roadblocks – why communication can break down
- New skills in communication which include a shift in attitude
- Problem solving techniques and opportunities to practice them

When: Wednesday 17 November 2021

Time: 6pm-8.30pm

Where: Bunbury Family Relationship Centre

Fee: \$30pp

Cnr Molloy & Symmons Streets Bunbury

Access from Symmons Street side of the building

Places are limited - contact (08) 6164 0566 or email

Bunbury.Education@relationshipsaustralia.org.au to register today!

*It would be
great to
see you!*

