

# Accidental Counsellor - Half Day Bunbury



Do you find others (clients, customers, colleagues, friends, family members) often open up to you and share their problems, sometimes distressing situations, and ask you what you think they should do?

Would you like to be clearer about what to say or do to really help them?

This half-day workshop will:

- define the role of Accidental Counsellor
- explore the differences between helping and rescuing
- look at the desired qualities of an accidental counsellor
- explore the desired skills to use when you find yourself 'in a counselling role by accident'
- look at self-care strategies

**When:** Thursday 27 March 2025

**Time:** 9.30am – 1.30pm

**Where:** Bunbury Family Relationship Centre  
Corner Molloy and Symmons Streets, Bunbury  
Access from Symmons Street side of the building



**Cost:** \$60 per person

For information about our courses and workshops please call 6164 0566 or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

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