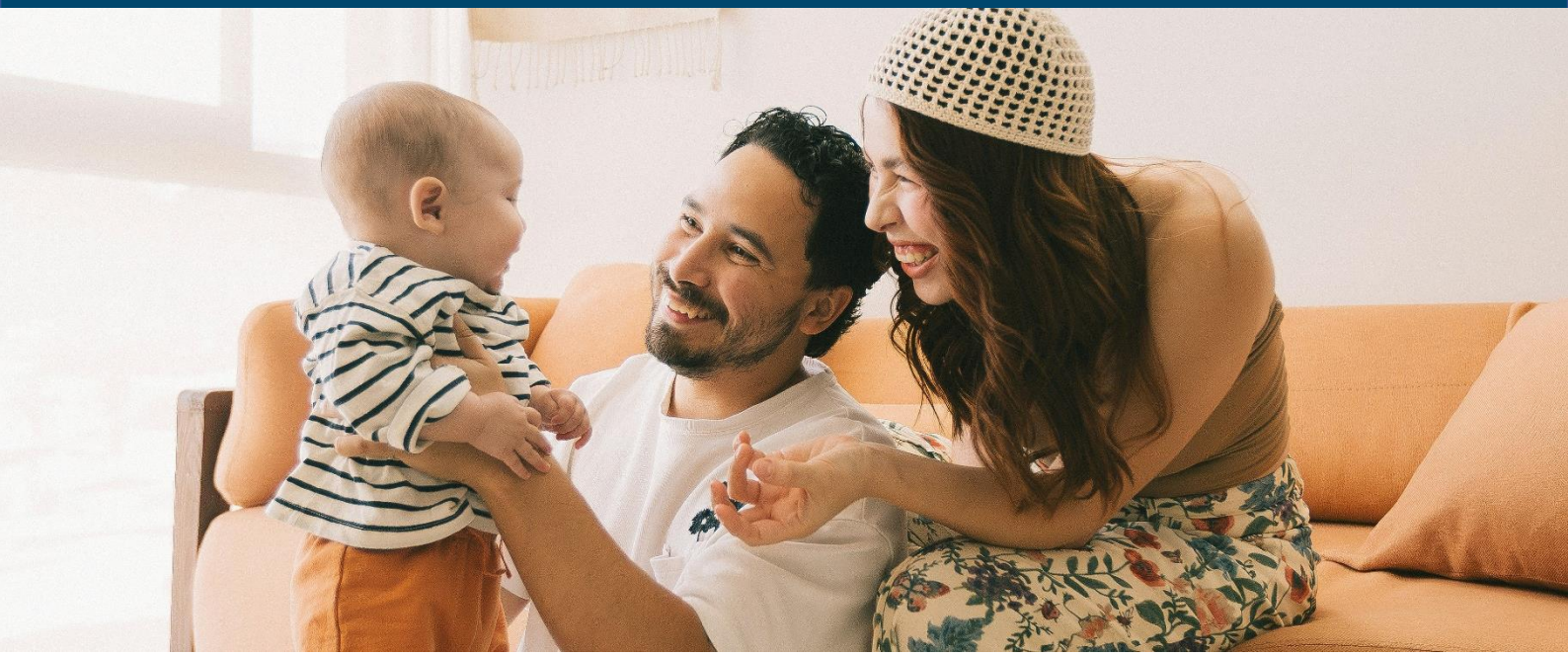
Baby's First Years

Online via Zoom



Baby's First Years is a 2.5-hour interactive online workshop that helps you cut through the noise and understand what really matters for your baby's early development.

You'll gain helpful insights, practical strategies and reassurance to support your baby's development while building confidence during your parenting journey.

In this interactive online workshop, you will learn:

- What supports your baby's brain development, learning and growth from the very beginning.
- How everyday interactions can support your baby's communication and language development.
- How responsive care and co-regulation help your baby feel safe, secure and loved.
- Why taking care of your own wellbeing also supports your baby's wellbeing.

When: Tuesday 1 December 2026

Time: 9.30am - 12.15pm

Where: Online via Zoom

Cost: FREE

For information about our courses and workshops please call 6164 0200 or visit www.relationshipswa.org.au

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