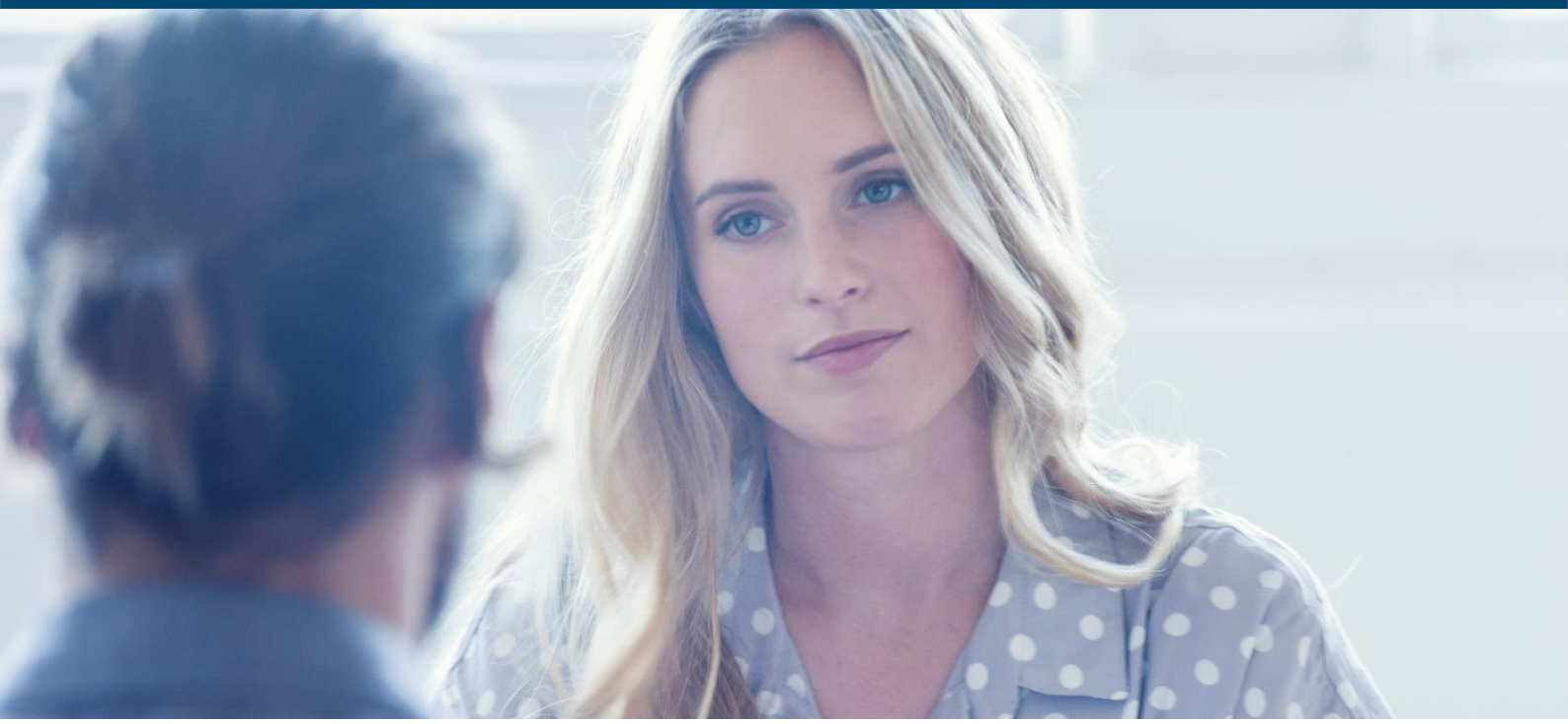
Accidental Counsellor

West Leederville



Do you find others (clients, customers, colleagues, friends, family members) often open up to you and share their problems, sometimes distressing situations, and ask you what you think they should do?

Would you like to be clearer about what to say or do to really help them?

This half-day workshop will:

- define the role of Accidental Counsellor
- explore the differences between supporting, helping and rescuing
- look at the desirable traits and skills for an accidental counsellor
- explore the significance of self-awareness, emotions, personal perception filters and empathy
- look at self-care strategies

When: Monday 7 December 2026

Time: 9.30am – 1pm

Where: West Leederville – Level 1, 22 Southport St

Cost: $60 per person / $30 concession

For information about our courses and workshops please call 6164 0200 or visit www.relationshipswa.org.au

Relationships Australia
WESTERN AUSTRALIA