Accidental Counsellor Mandurah



Do you find others (clients, customers, colleagues, friends, family members) often open up to you and share their problems, sometimes distressing situations, and ask you what you think they should do?

Would you like to be clearer about what to say or do to really help them?

This half day workshop will:

- define the role of Accidental Counsellor
- explore the differences between supporting, helping and rescuing
- look at the desirable traits and skills for an accidental counsellor
- improve your listening skills
- look at self-care strategies
- When: Tuesday 20th February 2024
- Time: 9am-1pm

Where: Lotteries House - 7 Anzac Place, Mandurah

Cost: \$60 per person

For more information about our courses and workshops, please call 6164 0588 or email <u>Mandurah.Education@relationshipsWA.org.au</u> or visit <u>www.relationshipswa.org.au</u>



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