

Contact Us

Call 1300 364 277 and tell us you are an EAP client.

We are also available after hours.

Relationships Australia Western Australia

Email: eap@relationshipsaustralia.org.au

Website: www.relationshipsaustralia.org.au

Follow us on Twitter @RelationshipsWA

Corporate Office:

22 Southport St, West Leederville, WA 6007

We offer services in:

Albany, Bunbury, Fremantle, Gosnells, Joondalup,

Kwinana, Mandurah, Midland, Northam,

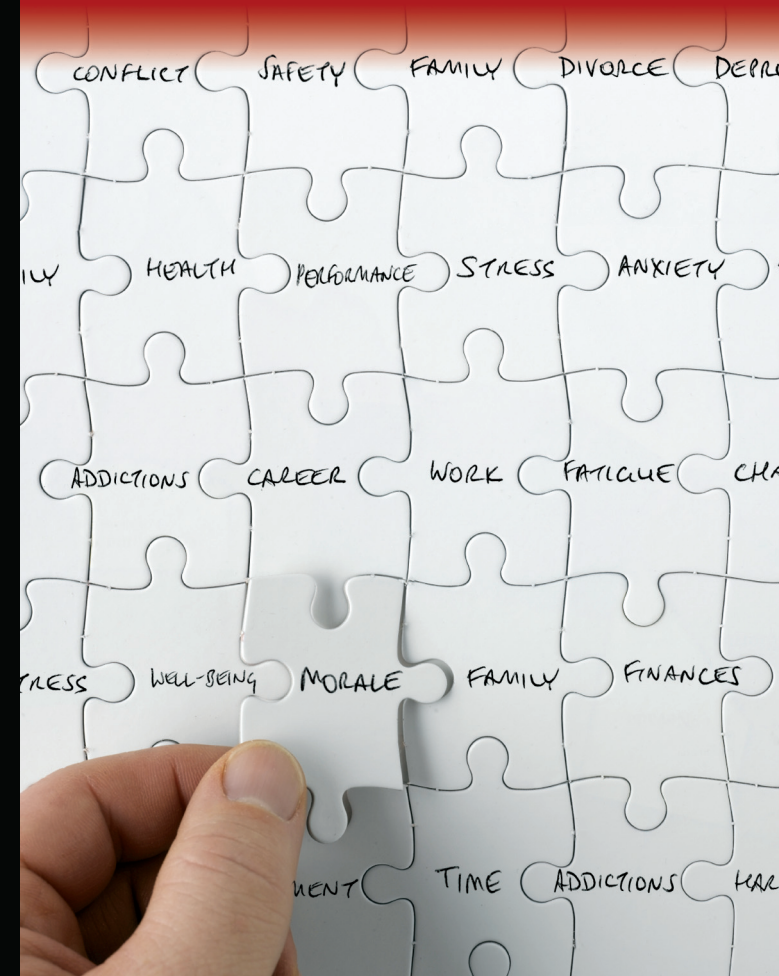
South Hedland, West Leederville

Relationships Australia

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Employee Assistance Program

Information for Managers



We're here for you!

If you are responsible for the performance and well-being of staff, our Employee Assistance Program (EAP) can offer you and your organisation a range of support and professional development services. This will help meet the challenges faced in your workplace.

As an organisation employing several hundred staff, we understand the demands and complexities of the managing role.

EAP Essentials

Research shows that when problems arise, early intervention results in better use of organisational time and resources. Through our EAP counselling, mediation and professional development services you can access support in the following areas:

- Preventing or managing conflict
- Improving workplace morale
- Engaging staff in constructive dialogue
- Dealing with difficult people
- Negotiation and mediation skills development
- Meeting facilitation
- Improving skills in supervision and leadership
- Professional and confidential counselling

Our strictly confidential counselling services aim to support individuals at all levels of your organisation who are facing challenges such as:

- Workplace change
- Stress and fatigue
- Couple and family issues
- Workplace conflict and harassment
- Gambling and other addictions
- Anxiety and depression
- Trauma, grief and loss
- Financial difficulties
- Work performance issues

Any personal information and issues raised in counselling will not be communicated to the organisation unless there is prior consent by the person being counselled.

Referrals

There are several methods to access EAP:

- All staff may access EAP by self-referral, with the right to maintain confidentiality
- As a manager you may wish to suggest the benefits of EAP services to particular staff and give them our brochure for employees
- The management team may choose to use EAP in dealing with difficult issues and/or providing professional development for staff

Please note: EAP is not a crisis service. We encourage its use as a preventative and intervention tool.

Mediation

We provide the services of an independent professional to guide individuals/groups through a problem-solving process to help resolve conflicts and nurture working relationships.

Working with groups

The EAP program helps with team building, positive group dynamics, group conflict management and more. Our experienced team of group facilitators offers professional frameworks for co-workers to interact and achieve better working environment and performance.

Professional development

We offer a range of seminars and workshops on issues of balancing work and family commitments; managing conflict in the workplace and dealing with difficult people; and stress and time management.



Fly-in fly-out relationships

This increasingly important area of 21st-century employment is among the specific subjects we cover.

Customised workshops and seminars

All PD seminars and workshops can be tailored to organisational needs and culture, following a needs assessment.

Prompt response

We will do everything possible to arrange an appointment for a counselling session/mediation in one of our branches within 3 working days. If face-to-face appointments are not practical, telephone counselling can be arranged.

How to access EAP

Contact details are on the back of this brochure. Our EAP Manager can assess your organisational needs and develop a customised service contract and fee structure.

Our staff

Our registered psychologists, social workers, counsellors, mediators and trainers have experience working with a range of clients – organisations, individuals, couples and families.