## Successful Single Parenting Online via Zoom



Parenting alone is different in many ways compared to a two-parent household and can have its own difficulties. People become single parents through a range of life choices and circumstances. Whatever the challenges it is important to live your life in a way that shows your children you are happy. This will help them accept and value their lifestyle.

If you are a single parent and are through that initial break-up stage this course will provide strategies that will help you develop a close and special relationship with your child.

- The challenges and benefits of being a single parent
- Developing an understanding of what children need when in a single parent family
- The emotional and practical needs of the single parent
- Strategies to manage new relationships

When: Thursday 24 November 2022

Time: 6.30pm to 9pm AWST

Where: Online via Zoom

Cost: \$30 per person

Online sessions are interactive and have minimum requirements

For information about our courses and workshops please call 6164 0200 or visit www.relationshipswa.org.au

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