

Separation-Divorce

What now?

This one night course gives a quick introduction to the process of rebuilding after divorce or separation, and you get the opportunity to meet others going through a similar process.

We touch on topics including:

- How to deal with loneliness after suddenly being single
- The processes of grieving after the crisis of divorce or relationship breakdown
- Understanding a bit more of your role in the breakdown of a relationship
- How the emotional divorce process differs for the 'left' and the 'leaver'
- Working on strengthening future relationships.

This is a good introduction to the 8 week Rebuilding After Separation and Divorce course.

Where:	WEST LEEDERVILLE - Level 1, 22 Southport Street
When:	Thursday 21 January 2021
Time:	6.30pm - 9.00pm
Cost:	\$30 per person

Bookings are required. Please phone 6164 0200 to enrol

For more information about our courses and workshops, please click [here](#) or visit www.relationshipswa.org.au