



Communication in Relationships

Communication is much more than imparting information or seeking answers. In relationships, effective communication is the avenue through which people connect, thus enhancing intimacy and understanding.

This one-night seminar, for individuals or couples, looks at:

- Components of communication, both verbal and non-verbal
- Barriers and roadblocks – why communication can break down
- New skills in communication which include a shift in attitude
- Problem-solving techniques and opportunities to practice them.

Tuesday 24 November – 6.30pm to 9pm

Lotteries House, 7 Anzac Place, Mandurah

\$30 per person/\$50 couple (\$15/\$25 for concession card holders)

**Places are limited, so book now on 6164 0588 or
Email: Mandurah.Education@relationshipswa.org.au**