

Healthy Conflict in Relationships

Mandurah



Conflict is a normal part of any relationship. How to manage it and resolve problems in a way that improves relationships rather than harms them is the focus of this one-night workshop.

Strategies discussed include:

- defining what constitutes conflict and the importance of healthy conflict resolution
- common strategies used while handling conflict
- learning new skills for healthy conflict resolution
- considering a step-by-step approach to a healthy resolution

When: Wednesday 19 October 2022

Time: 6pm to 8.30pm

Where: Lotteries House
7 Anzac Place, Mandurah

Cost: \$30 per person (\$15 concession)

To book online, please scan the QR code.
For more information about our courses and workshops please call 6164 0588, email Mandurah.Education@relationshipsWA.org.au or visit www.relationshipswa.org.au



Relationships Australia
WESTERN AUSTRALIA