

# Parent-Child Connection

Raising children should be one of life's greatest experiences, but as any parent knows, it is not an easy task. People with children under 10 are invited to this engaging four-week course to learn new skills, feel better about their parenting and gain confidence.

Topics in this four week course include:

- Developmental stages of children and temperamental traits
- Different parenting styles
- The need for boundaries and rules, the giving of instructions and the consequences, both negative and positive, of withdrawing attention
- Understanding behaviour patterns and communication
- The importance of positive self-esteem and resilience
- Environmental influences
- Discipline that works.

**Where:** WEST LEEDERVILLE – Level 1, 22 Southport St

**When:** Monday 8 15 22 29 March 2021

**Time:** 6.30pm - 9.00pm

**Cost:** \$50 per person, \$75 per couple

Bookings are required. Please phone 6164 0200 to enrol.

For more information about our courses and workshops, please click [here](#) or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

*Relationships Australia.*