

## Contact Us

Call 1300 364 277 and tell us you are an EAP client. It is important to mention the name of your organisation at the beginning of the call.

Email: [eap@relationshipswa.org.au](mailto:eap@relationshipswa.org.au)

Website: [relationshipswa.org.au](http://relationshipswa.org.au)

Like us on

    @Relationshipswa



## Head Office

156 Railway Parade,  
West Leederville WA 6007

## We offer services in:

Albany, Bunbury, Busselton, Fremantle, Gosnells,  
Joondalup, Kwinana, Mandurah, Midland,  
Northam, South Hedland, West Leederville

*Relationships Australia*  
WESTERN AUSTRALIA

# Employee Assistance Program

## Information for Employees

*Relationships Australia*  
WESTERN AUSTRALIA



We help you navigate life's challenges

We understand how to help you thrive both personally and at work. The initial step of organising that support is the most significant.

Your employer offers an Employee Assistance Program with Relationships Australia WA, which means you can access free\* and confidential counselling services.

\* The cost is covered by your employer for a limited number of sessions per year.

## How can EAP help you?

You may be facing difficult times in your personal life or have concerns about work. You can use the EAP counselling service to talk about anything that is troubling you, however big or small it seems.

Our experienced counsellors can help with issues such as:

- Work and career problems
- Adjustment to organisational change
- Stress and fatigue
- Couple and family issues
- Separation and divorce
- Conflict and harassment
- Anxiety and depression
- Trauma, grief and loss
- Financial difficulties

## What do you need to do?

Simply call 1300 364 277 and speak with our friendly customer service team.

Remember to say that you would like to book EAP counselling and let the team know the name of your organisation.

## Confidential service

Trust is an essential part of this process. We offer a highly confidential counselling service. No personal information or issues raised will be communicated to your employer unless you give prior consent. There is no need to tell your organisation before contacting us.

## Who can use this FREE service?

You can access EAP services individually. Your immediate family members can join you or they may be eligible for their own session allocation – you can check with the customer service team when you call.

## Our staff

Relationships Australia employs qualified counsellors, psychologists, social workers, mediators and trainers. They have experience in supporting clients with a wide range of professional and personal issues.

## Prompt response

We will do everything possible to offer you an appointment within 3 working days. If face-to-face appointments are not practical, telephone or video counselling can be arranged.